

Дерматология Фицпатрика в клинической практике

Fitzpatrick's Dermatology General Medicine

Eighth Edition

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В книгу ведущих мировых специалистов включены все аспекты клинической дерматологии. Это издание – мировой лидер энциклопедических сведений об эпидемиологии, медицинской биологии, генетике и иммунологии всех дерматологических заболеваний, с обновлением всего спектра современных представлений о патогенезе, симптоматике, дифференциальной диагностике и комплексному лечению как наиболее распространенных, так и редких кожных болезней. Отдельные разделы книги посвящены дерматологической хирургии и косметологии. Второе издание на русском языке соответствует полностью переработанному и в значительной степени обновленному и дополненному восьмому англоязычному изданию.

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ПРЕДИСЛОВИЕ

Новые сведения способствуют прогрессу медицины, повышая качество оказания медицинской помощи пациентам. Бурный рост научных знаний о заболеваниях и биологии кожи обуславливает своевременность публикации восьмого издания *Fitzpatrick's Dermatology in General Medicine (DIGM)*. Сорок лет назад первое издание «Фиц» явилось насущным учебным пособием, предназначенным обеспечить всеобъемлющие знания по дерматологии. Актуальность дерматологии для клинической практики и фундаментальные научные принципы специальности послужили определяющими моментами нового текста. Данное издание, задуманное как доступное и «читабельное» для всех увлеченных клинической и научной дерматологией, более чем когда-либо закрепляет те, ранее поставленные цели. Это руководство также подчеркивает значимость дерматологии для внутренних болезней и других терапевтических и хирургических дисциплин. Оно написано как для опытных клиницистов и биологов-дерматологов, так и для тех, кто только находится в процессе обучения.

Стремительное накопление новых сведений, актуальных для дерматологии и биологии кожи, заставило значительно пересмотреть написанные ранее и добавить новые главы, касающиеся глобального (всеобщего) дерматологического здоровья, этнических и расовых со-

ображений относительно здоровой и пораженной кожи, а также изучения стволовых клеток. Также значительно расширены разделы, посвященные медикаментозному и хирургическому лечению, что отражает возрастающую важность дерматологических процедур и манипуляций.

Примерно двадцать процентов глав написано с привлечением экспертных знаний новых авторов. Эти авторы привнесли современные точки зрения и гарантии, что содержание книги останется свежим и полным жизненной силы. Пересмотр схематических представлений клинических и фундаментальных научных механизмов, также как алгоритмов клинической помощи обеспечит быструю интуитивную «навигацию» при сохранении точности и важных деталей. В это издание включены дополнительные клинические изображения и новые таблицы, позволяющие бегло просмотреть ключевые моменты каждой главы. Наконец, части книги обозначены различными цветами, что позволит Читателю легко найти интересующие его разделы. Проверенная, хорошо обобщенная и критически интерпретированная информация необходима для лечения пациентов, предотвращения заболеваний кожи и прогресса биологии кожи. Редакторы этого восьмого издания *DIGM*, работая над оригинальным текстом, стремились достичь именно этой цели.

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ПРЕДИСЛОВИЕ К ВТОРОМУ РУССКОМУ ИЗДАНИЮ

Глубокоуважаемые коллеги!

Вы держите в руках новое издание книги «Дерматология Фицпатрика в клинической практике». Мы, как редакторы этого фундаментального труда с большим удовольствием представляем крайне ожидаемую и, безусловно, уникальную книгу.

Успешность «Дерматологии Фицпатрика» в целом подкрепляют продолжающие появляться его переиздания как за рубежом, так — как вот и теперь — у нас в стране. Можно сказать, что сейчас эта концептуальная книга имеет новое лицо и в значительной степени усовершенствованное содержание, в полной мере отвечающее реалиям медицинской науки и практики по всему миру. Безусловно, за этим вновь стоит огромная кропотливая работа переводчиков, коллектива научных консультантов и издателя. Все они заслуживают отдельных слов благодарности.

Перевод этого масштабного фундаментального труда на русский язык позволил нашим коллегам прикоснуться к действительному научно-практическому эталону в нашей специальности. Прорывные открытия и внедрение новых технологий в современной дерматологии лавинообразно нарастают. Человечество вплотную приблизилось к созданию искусственной кожи; сделаны существенные шаги в инновационном лечении ранее инкурабельных опухолей, практически разгаданы ключевые механизмы ряда иммуно-воспалительных дерматозов, разрабатываются новые средства для купирования зуда нестероидной природы и др. С успехом разворачивается дальнейшая интеграция с другими областями медицины: сегодня отчетливо ясно, что современному врачу-дерматовенерологу не обойтись без глубоких знаний медицинской генетики, молекулярной

биологии, патоморфологии, бактериологии, иммунологии, внутренних болезней, педиатрии, ангиологии, эндокринологии, ревматологии, психосоматики, эстетической медицины, гинекологии, андрологии. И такую потребность обновленная «Дерматология Фицпатрика в клинической практике» полностью удовлетворяет.

Поколения клиницистов, ученых, преподавателей и студентов расценивали и продолжают расценивать «Дерматологию Фицпатрика» как самое авторитетное и полное руководство по фундаментальным наукам и клинике, диагностике и лечению в дерматологии. Отличительной чертой этого безусловного бренда является академичность текста, а также, можно сказать, его «пластичность» в отражении всех последних нововведений в нашей специальности.

Таким образом, самые актуальные, самые современные сведения, в то же время базирующиеся на классической основе, обеспечивают Руководству «долгую жизнь» и отдельное место на рабочем столе врача. При редактировании книги у нас, как у ответственных редакторов, сложилось впечатление, что мы держим в руках не только исключительное по своей значимости Руководство по дерматологии, но и Руководство по внутренним болезням, онкологии, генетике, иммунологии, хирургии, педиатрии, стоматологии и другим специальностям. Особо хотим отметить, что в подготовке настоящего восьмого издания приняло участие более 500 всемирно признанных экспертов. Основательно переработано и дополнено, а где-то полностью переписано заново более четверти содержания предыдущего издания книг. Ультрасовременный текст дополняют более чем 3000 великолепных фотографий; усовершенствованы главы,

посвященные биологии кожи, основам дерматологической диагностики, анализу коморбидных соотношений, а также акне, псориазу, опухолям кожи и др. Надеемся, что эта особенность (по сути энциклопедичность) настоящего труда послужит его широкому распространению среди врачей смежных специальностей.

Несмотря на то, что при подготовке настоящего издания предсказуемо возникали определенные сложности из-за различий в российских и зарубежных классификациях, патогенетических подходах, клинической

трактовке, принципах терапии, в вопросах дерматологической семиотики, мы старались найти компромиссные решения, приемлемые для профессионального сообщества нашей страны, основываясь на позиции лучших отечественных научных школ.

Не сомневаемся, что детально написанные главы, вызовут у наших дорогих Коллег особый интерес. Искренне надеемся, что трехтомник второго издания «Дерматологии Фицпатрика в клинической практике» станет настольной книгой для российских врачей на многие годы.

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